

Sequential Intercept 1

A Winning Collaboration

Enlightened Alternatives: How CIT and Diversion Are Cutting Recidivism and Saving Millions

May 2, 2013
JDTR Grantee Meeting

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Mental Health and Substance Abuse
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THE Bexar
County ST
A Comm
Commitment
Mental Health



Timeline

2013 – Prospects Courtyard CMS Innovation BH/Health Integration

2012 – Restoration Center Expansion; Building #2 added

2012 – Prospect Courtyard adds 80 bed MH residential

2012 – Prospect Courtyard adds new MH Clinic

2011 – Prospect Courtyard Safe Sleeping reaches high of 714

2010 – In House Recovery Program Male and Female 104 sober living beds

2010 – Haven for Hope 1,600 Bed Homeless Facility opened

2010 – International Crisis Intervention Team Conference hosts 1,600 Officers

2008 – Restoration Center opened ; Detox, Sobering, IOP Treatment

2006 – Bexar County Jail Diversion receives APA's Gold Award

2005 – 24/7 One Stop Crisis Care Center opened

2004 – Specialty Jail Diversion Facility opens

2003 – First Crisis Intervention Team Training begins

2003 – Deputy Mobile Outreach Team begun

2002 – Bexar County Jail Diversion Collaborative meets for 1st time

2000 – CEO begins diversion efforts, full time coordinator is hired

The Beginning of CIT in Bexar County & San Antonio

- Center for Health Care Services, started a jail diversion program in 2001
- Bexar County Started the Deputy Mobile Outreach Team (DMOT) in 2002
- San Antonio Police Academy started in-service training for all its officers in 2003
- San Antonio Police obtained formal training from Houston Police Department in May 2003
- In October 2003 SAPD started training our officers with the original goal of training 10% of the patrol officers



Today

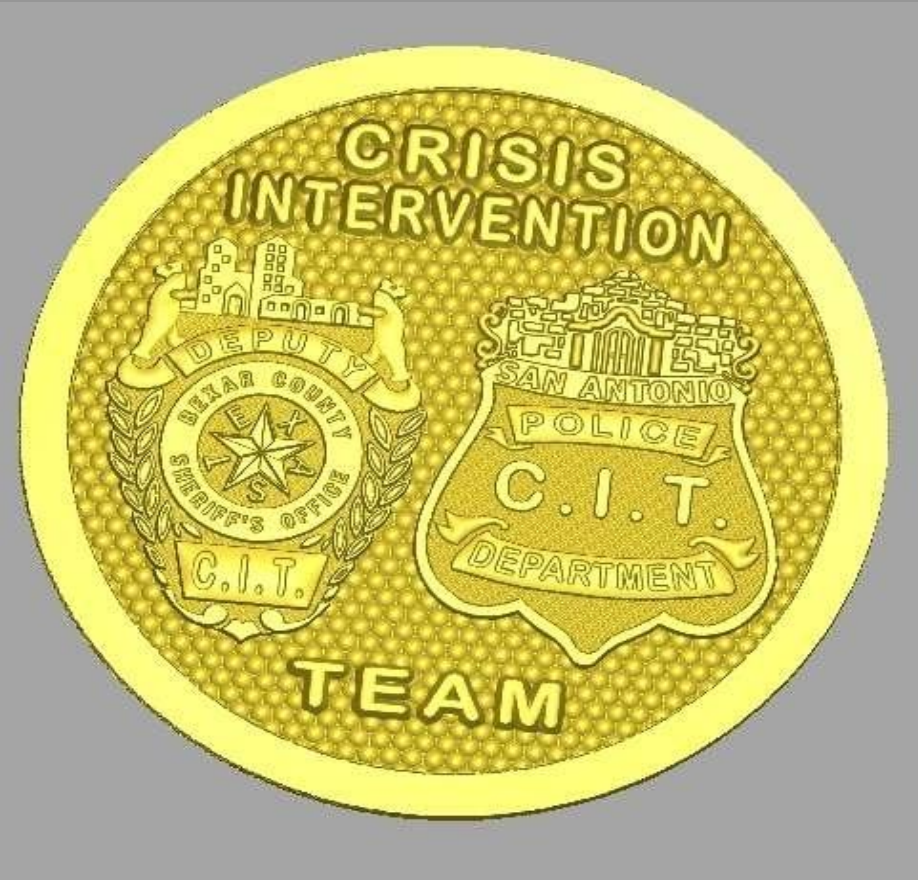
2012 – Bexar County Sheriff/San Antonio Police Chief mandate 100% CIT Training for Patrol

CIT Mental Health Detail



- Mental health professional partners with a CIT Officer together to respond on calls dealing with a psychiatric crisis.
- Team responds to high utilizer calls for the City providing follow up services to reduce the call volume.
- **Goal is to put officers back into service for patrol as soon as possible.**
 - Reduce inappropriate incarcerations and costly emergency room visits.
 - Offer quality training to law enforcement.
- Co-locate officer with the City unit and Sheriff Mental Health Unit for better collaboration and expedited call response

Dispatcher Training for 911 Call Takers and Dispatchers



- In 2007 - decided that dispatchers would also benefit from CIT Instruction and met with SAPD leadership to establish training.
- Provided an abbreviated 12 hour CIT course for call takers and dispatchers in collaboration with CHCS
- The goal of this training is to increase safety by educating caller takers on essential intelligence gathering and dispatching a CIT Trained officer to the scene.

Partnered with Fire and EMS

- As of 2007 SAFD has attended every community training
- has become co trainers with joint PD and Sheriff's Officers
- Have added a CIT component to their EMS In-service training.
- Partnering for Integrated training with Fire/EMS has extended numerous opportunities for growth:
 - Officer and Fire/EMS better communication
 - Safety
 - Better utilization of resources



CRISIS CARE CENTER

- Crisis Line
 - Crisis Assessment
 - Mobile Crisis Outreach Team
 - Crisis Transitional Unit
- 7137 W. Military 645-1651

- Receives consumers from law enforcement 24/7
- Minor medical clearance
- Call ahead preferred 210 225-5481
- Can not take violent or medically compromised individuals





The Restoration Center

**Opened
April 15, 2008**

- **Public Safety- Sobering Unit**
- **Detoxification Facility**
- **Community Court**
- **Outpatient Substance Abuse Services**

Serial Inebriants Program

- Originally was staffed with nursing on front end
- Re-organized to have EMT/Recovery Support Specialists on unit
- Not treating medical, just sobering and engaging in relationship
- Educating funders that multiple admissions not viewed as failure
- Continued collaborations with law enforcement, EMS, hospitals



Injured Prisoner Clinic



- Added service to reduce ER waits and get police back on street
- Blended funding through City and County
- Open when University Hospital Clinic is closed.
- PA/NP on duty fills dual roles of medical care and physicals for detox after hours.

Restoration Center Addiction Services

- Public Safety- Sobering Unit
- Injured Prisoner Medical Services
- Residential & Ambulatory Detoxification
- Opiate Addiction Treatment Services
- Outpatient Substance Abuse Services
- Felony Drug Court COPSD Outpatient Services
- In House Recovery Program Sober Living



**Bldg. #1 Opened
April 15, 2008**

**Bldg. #2 Opened
June 27, 2012**

PROSPECTS COURTYARD

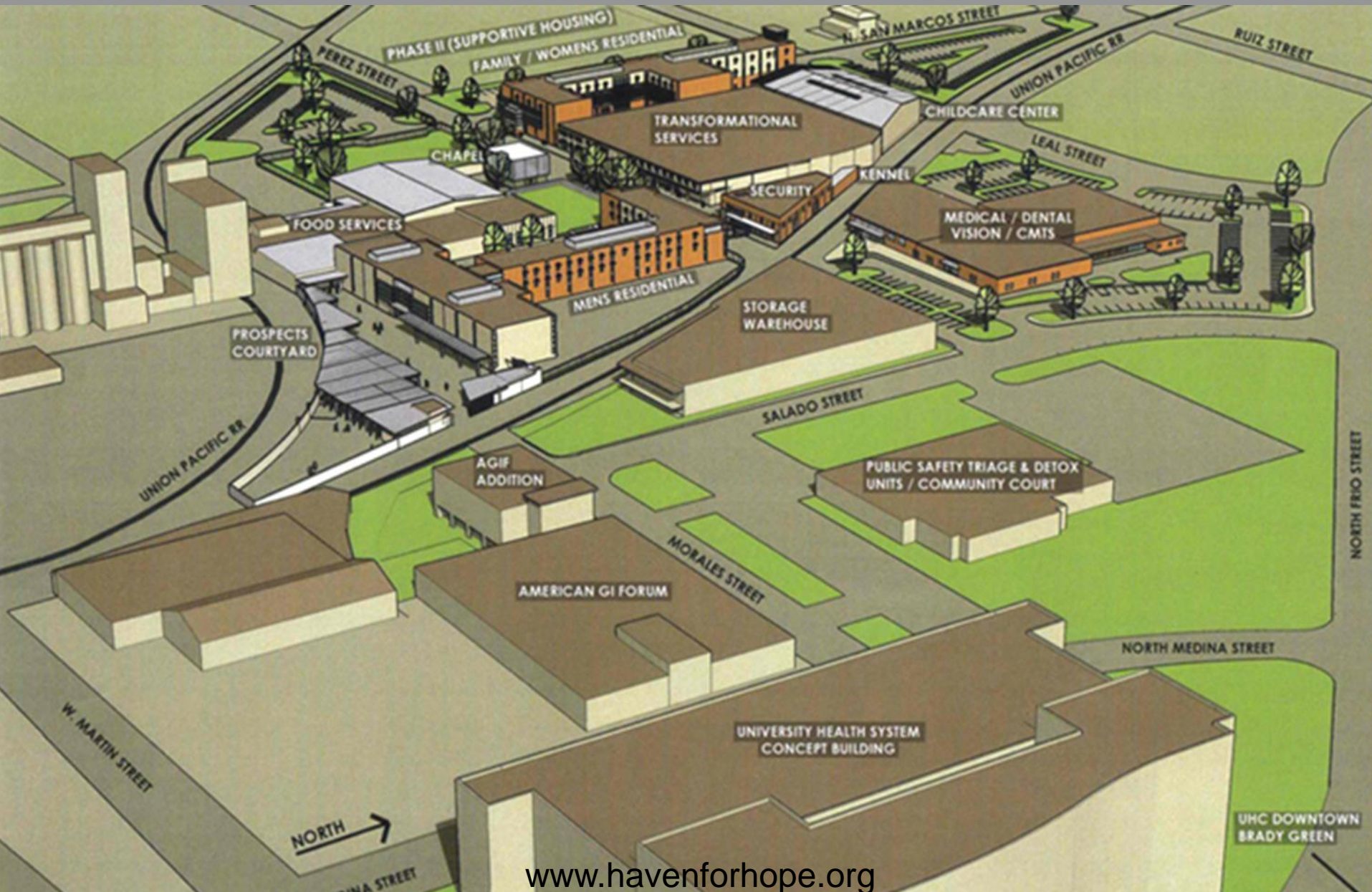


Developed two years ago to address basic needs
of food, clothing & shelter

Criteria:

- 18 years of age (or older).
- Physically able to care for themselves.

Haven for Hope Homeless Transitional Facility





Show me the DATA !!!

Medical
Directors
Roundtable
Linked
Sample
Data
Reports

Mobile Crisis Outreach Team Summary					10/31/2010
		Aug 2010	Sep 2010	Oct 2010	Quarter Total
1	Total Referrals	188	186	228	600
2	Community Referrals	172	149	195	516
3	Adults	169	140	176	465
4	Children	3	9	21	33
5	Magistrate Referrals	8	27	23	58
6	Community Court	0	0	0	0
7	Detox Referrals	8	10	8	26
	Community Referral Outcomes	Aug	Sep	Oct	Quarter Total
8	911 Dispositioned	67	53	71	191
9	Arrested	0	1	1	2
10	Negative Contact	16	12	16	44
11	Cancelled	39	21	43	103
12	Refused Services	1	3	0	4
13	Resolved on Scene	27	30	30	87
14	Emergency Detentions	14	19	24	57
15	ED to Crisis Care Center	7	6	16	29
16	ED to University Hospital	2	5	1	8
17	ED to Other Hospitals	5	8	7	20
18	Volunteer to Crisis Care Center	7	5	5	17
19	Volunteer to University Hospital	1	1	2	4
20	Volunteer to Detox	0	2	1	3
21	Volunteer to Other Hospitals	1	0	2	3
22	Referred to Community Agency	8	9	14	31
23	Follow Up with CHCS Clinic	7	5	6	18
24	Referred to Intake	1	1	2	4
25	SAPD	23	24	30	77
26	CIT	14	31	16	61
27	BCSO	13	9	24	46
28	Other Police Departments	2	0	4	6
	Magistrate Referral Outcomes	Aug	Sep	Oct	Quarter Total
29	Sent to Detox	0	1	1	2
30	Sent to UHS	3	4	3	10
31	Sent to CCC	0	1	2	3
32	Sent to Other	0	1	1	2
33	Sent to ADC	5	17	13	35
34	Sent to Community Reintegration	0	1	1	2
35	Released to Self	0	2	2	4


 ER

Emergency Room Utilization (Medical Clearance)

Emergency Room utilization has dropped 40% since the inception of the Crisis Care Center.

40% of (7619 total seen at CCC)	3048
Persons diverted from the ER (in 2006 first year)	
	X <u>\$1545</u>
<u>Cost Savings relative to ER Utilization</u>	<u>\$4,709,160</u>

Impact on WAIT TIME for LAW ENFORCEMENT



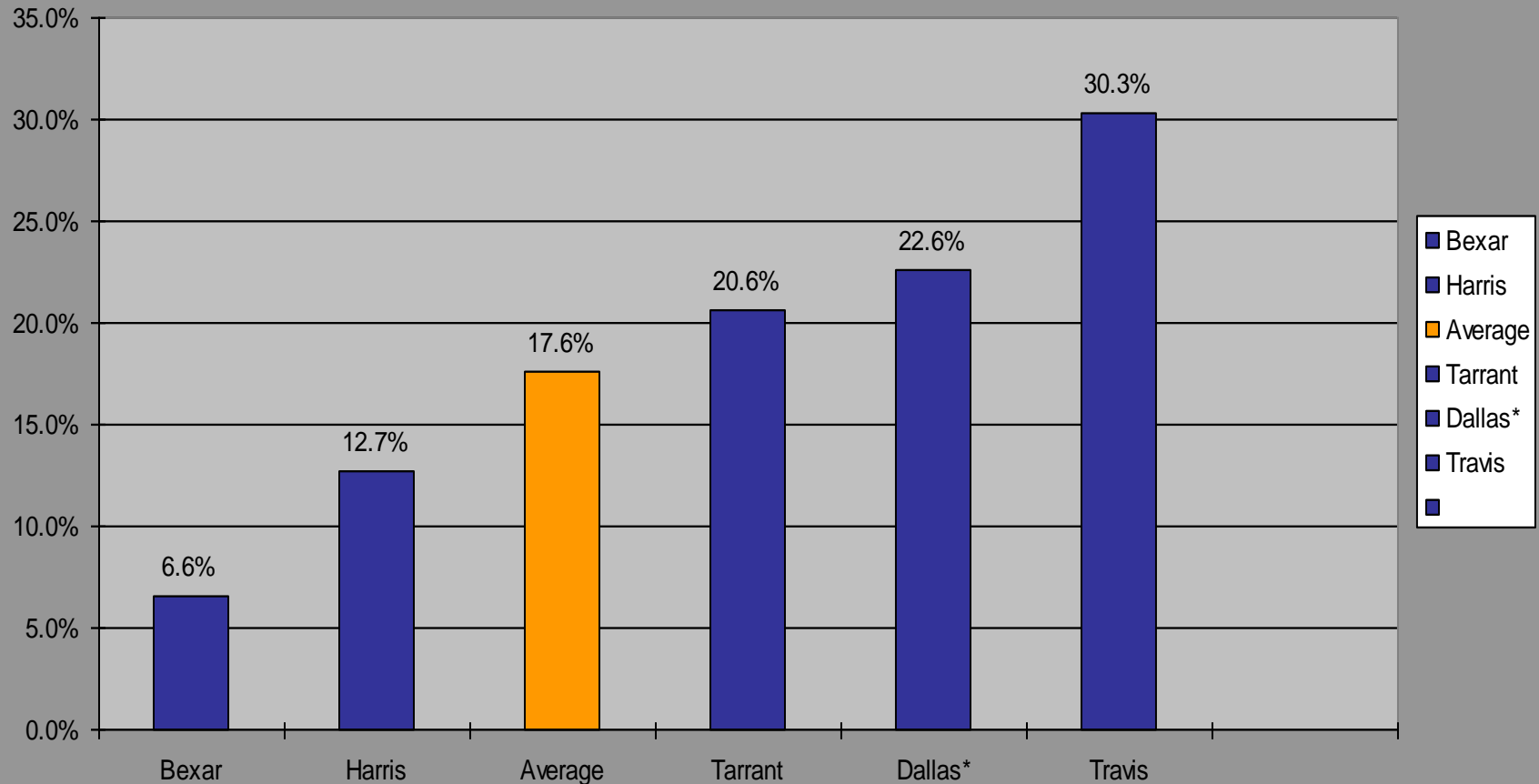
Then (prior to Sept 2005)

- Wait times for Medical Clearance/ Screening at UHS ER - 9 hours, 18 min.
- Wait times for Medical Clearance/ Screening and Psychiatric Evaluation was between 12 and 14 hours.

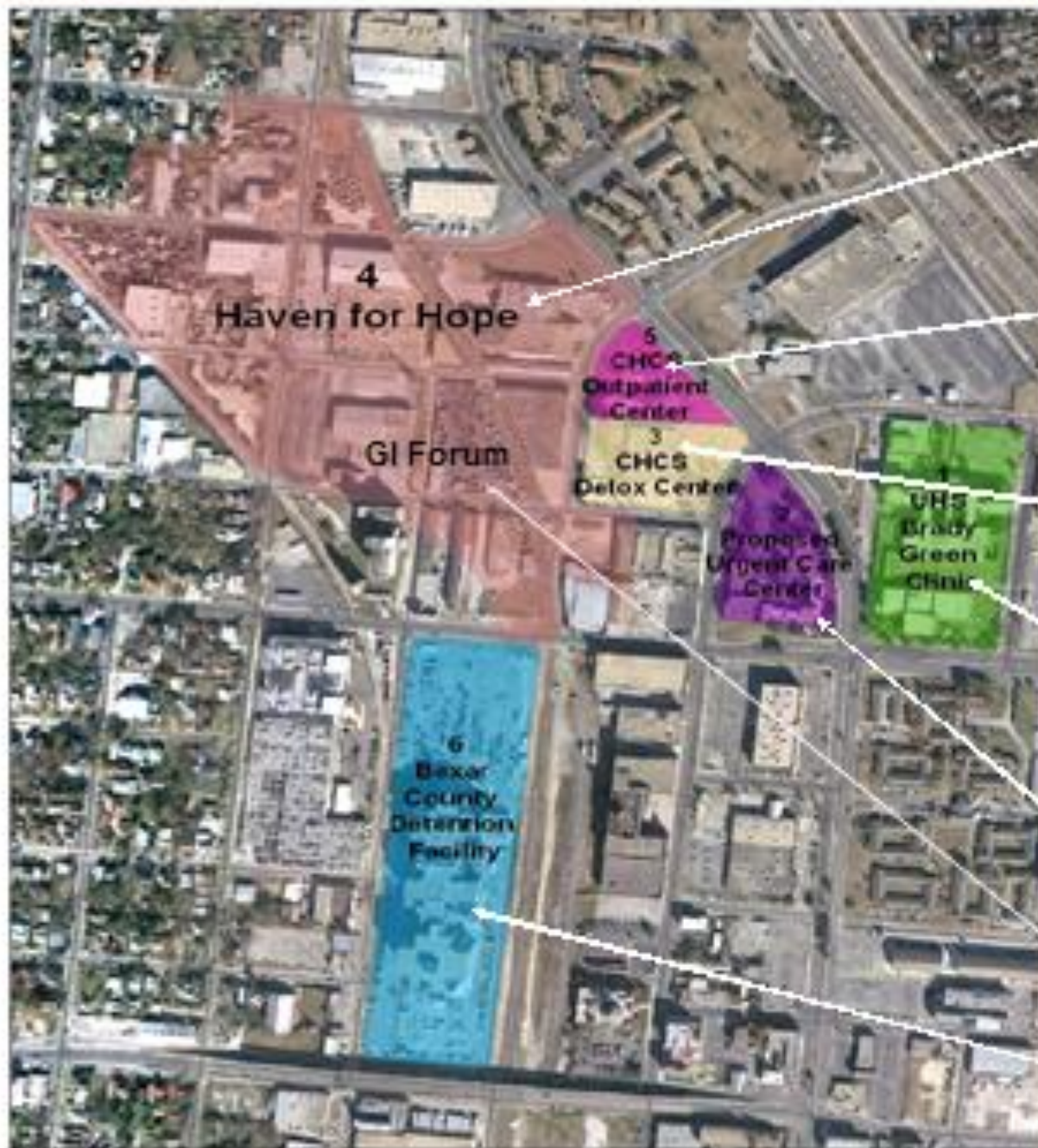
Now

- The wait time for Medical Clearance/ Screening at the Crisis Care Center is 10 minutes.
- Wait time for Medical Clearance/Screening and Psychiatric Evaluation is 20 minutes.

Recidivism Rates for Top Five CSCD' S



*Dallas rates reflect only one mental health provider, Metro Care.



1,600

~~1,000~~

~~600~~ Bed Homeless
Residential Facility (4)

CHCS Substance
Abuse Outpatient
Services (5)

CHCS Detox Center
(3)

Community Medical
Clinic (1)

CHCS Urgent Care
Center (2)

Emergency Psychiatric Screening

Veterans Residential

County Jail (6)

Therapeutic Justice Initiatives

Probation

Parole

Community Reintegration

MI Offender's Facility

- Substance Abuse Treatment Facility 1
- Substance Abuse Treatment Facility 2

Criminal Courts

Mental Health

Felony Drug

Misdemeanor Drug

NGRI

Community DWI

Veterans

Forensic Outpatient Competency Restoration

Civil Probate Court Involuntary Outpatient Commitment



Jail Diversion



Step-downs



Data, Research & Innovation



Police, Sheriff, Fire-EMS Joint Community Based Crisis Intervention Training



Rehabilitation



Veterans Jail Diversion Trauma Recovery



San Antonio State Hospital or other Inpatient Hospitals



Residential Services - Section 8 Housing



Community Outpatient Clinics Psychiatry

Adult/Child Services Next Day Appt

Serving



Adults Children

Families



Opioid Addiction
 Opioid Pregnant Females
 HIV Outreach
 Outpatient Alcohol and Drugs Counseling

Combined CCC and Restoration Documented and Immediate Cost Avoidance

Year One April 16, 2008 – March 31, 2009

Year Two April 16, 2009 – March 31, 2010

Year Three April 16, 2010 – March 31, 2011

Cost Category	City of San Antonio	Bexar County	Direct Cost Avoidance
Public Inebriates Diverted from Detention Facility	\$435,435	\$1,983,574	\$2,419,009
	\$925,015	\$2,818,755*	\$3,743,770
	\$1,322,685	\$4,372,128	\$5,694,813
	A.	B.	
Injured Prisoner Diverted from UHS ER	\$528,000	\$1,267,200	\$1,795,200
	\$435,000	\$1,044,000	\$1,479,000
	\$421,000	\$1,010,400	\$1,431,400
	C.	D.	
Mentally Ill Diverted from UHS ER Cost	\$322,500	\$774,000	\$1,096,500
	\$283,500	\$676,000	\$959,500
	\$276,500	\$663,600	\$940,100
	E.	F.	
Mentally Ill Diverted from Magistration Facility	\$208,159	\$371,350	\$579,509
	\$179,833	\$322,300	\$502,133
	\$126,893	\$191,125	\$310,018
	G.	H.	
			Summary next slide

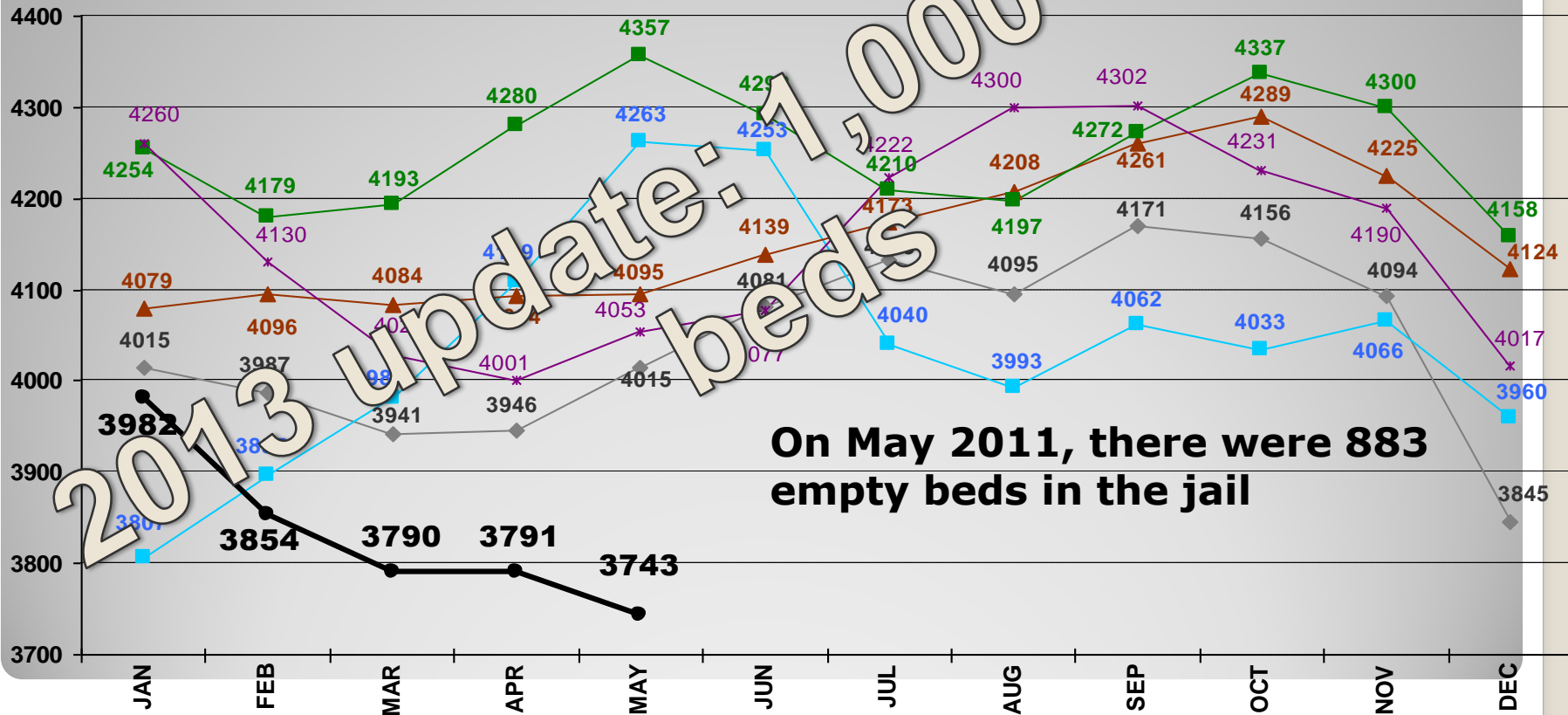
Combined CCC and Restoration Documented and Immediate Cost Avoidance Summary

Reduction in Competency Restoration Wait Time in Jail for Hosp Admission	0	\$255,055 \$1,020,000 \$595,000	\$255,055 \$1,020,000 \$595,000
Reduction in Wait Time in Jail for Outpatient Competence/Wait Time for Restoration compared to Inpatient	0	\$137,898 \$900,000 \$542,300 J.	\$137,898 \$900,000 \$542,300
Reduction in Jail Time for Competency Restoration on and on Return	0	\$385,522 \$221,000 \$700,000 K.	\$385,522 \$221,000 \$700,000
2009 Total Year 1	\$1,494,094	\$5,174,599	\$6,668,693
2010 Total Year 2	\$1,823,348	\$7,002,055	\$8,825,403
2011 Total Year 3	\$2,147,078	\$8,127,253	\$10,221,631
TOTALS	\$5,463,520	\$20,303,907	\$25,714,727

BEXAR COUNTY DETENTION CENTER SYSTEM POPULATION MONTHLY AVERAGES

(Main, Annex)

SYSTEM POPULATION



—◆— 2006 —■— 2007 —▲— 2008 —■— 2009 —*— 2010 —●— 2011



***"All things considered, I
think our marriage has
been cost-effective"***

Texas

The Center for Health Care Services



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You'all
come
visit !